2008 MIAC Women's Cross Country Awards

St, Paul, Minn. -- The 2008 Minnesota Intercollegiate Athletic Conference (MIAC) Women's Cross Country Championship was run on Saturday with the St. Thomas women winning the team championship and Bethel junior Marie Borner claiming individual honors. Today, the 2008 MIAC Women's Cross Country Awards were announced.

As part of a conference-wide sportsmanship initiative, the MIAC announced the third annual All-MIAC Sportsmanship team for Women's Cross Country. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.



2008 MIAC Most Valuable Athlete

Bethel University junior **Marie Borner** (Cottage Grove, Minn./Park) repeated as individual champion at the 2008 MIAC Women's Cross Country Championships this past Saturday at Como Golf Course in St. Paul, Minn. Borner's time of 21:11 shattered the previous 6,000 meter course record of 21:51, which was held by former NCAA Champion Hailey Harren of Gustavus. She led Bethel to a second-place team finish, as four Royal runners earned All-MIAC honors.

2008 MIAC Coach of the Year

Bethel University head coach **Jim Timp's** Royals placed second on Saturday after running a spectacular race. The Royals had four runners in the top 15 (Marie Borner -1st, Alex Potter - 2nd, Kristin Mork - 14th, and Heather Jelen - 15th), and missed becoming conference champions for the first time in team history by just two points. St. Thomas won the team title with 66 points, head of Bethel's 68, and Carleton's 71. The second place finish is the best Bethel has ever performed at the conference championship meet.

2008 MIAC All-Conference

Place	Time	Name	School	Year	Hometown/High School
1	21:11	Marie Borner	Bethel	Jr.	Cottage Grove, Minn./Park
2	21:56	Alex Potter	Bethel	So.	Windom, Minn.
3	22:04	Simone Childs-Walker	Carleton	Fy.	Seattle, Wash./Lakeside
4	22:12	Katie Theisen	St. Thomas	Sr.	Elko, Minn./New Prague
5	22:34	Hailey Brenden	Concordia	So.	Rothsay, Minn.
6	22:35	Annie Knutson	St. Olaf	Sr.	Burnsville, Minn./Apple Valley
7	22:36	Margot Branigan	Hamline	Jr.	Roseville, Minn.
8	22:38	Laura Roach	Carleton	Jr.	Lakeville, Minn./North
9	22:39	Brooke Beskau	Gustavus	So.	Hastings, Minn.
10	22:46	Kaycee Knutson	Saint Benedict	Fy.	Esko, Minn.
11	22:49	Kelly Russ	St. Thomas	Jr.	Wayzata, Minn.
12	22:50	Erin Lowrey	Macalester	Jr.	Whitefish Bay, Wis.
13	22:58	Jenna Carlson	St. Olaf	Sr.	Edina, Minn.
14	23:00	Kristin Mork	Bethel	So.	Cambridge, Minn./Cambridge-Isanti
15	23:00	Heather Jelen	Bethel	Sr.	Sioux Falls, S.D./Lincoln

2008 All-MIAC Women's Cross Country Sportsmanship Team

Augsburg - Kelsie Lungstrom (Jr., Inver Grove Heights, Minn.)

Bethel - Alex Potter (So., Windom, Minn.)

Carleton - Hannah Specht (Sr., Shelburne Falls, Mass.)

Concordia - Kendra Bengston (Sr., Avon, Minn.)

Gustavus - Kelly Chaudoin (Sr., Ely, Minn.)

Hamline - Freya Fitzer (Sr., North Oaks, Minn.)

Macalester - Adelaide Pagano (Sr., Niskayuna, N.Y.)

Saint Benedict - Caitline Schnettler (So., Richmond, Minn.)

St. Catherine - Marci Burg (Jr., Hokah, Minn.)

Saint Mary's - Emily Dee (So., Racine, Minn.)

St. Olaf - Jenna Carlson (Sr., Edina, Minn.)

St. Thomas - Kristine Maurer (Fy., Woodbury, Minn.)